

## LENT 1 B

### COLLECT

Almighty God,  
whose Son Jesus Christ fasted forty days in the wilderness,  
and was tempted as we are, yet without sin:  
give us grace to discipline ourselves in obedience to your Spirit;  
and, as you know our weakness,  
so may we know your power to save;  
through Jesus Christ ...

### FIRST READING *Genesis 9:8-15*

God spoke to Noah and his sons, "See, I establish my Covenant with you, and with your descendants after you; also with every living creature to be found with you, birds, cattle and every wild beast with you: everything that came out of the ark, everything that lives on the earth. I establish my Covenant with you: no thing of flesh shall be swept away again by the waters of the flood. There shall be no flood to destroy the earth again".

God said, "Here is the sign of the Covenant I make between myself and you and every living creature with you for all generations: I set my bow in the clouds and it shall be a sign of the Covenant between me and the earth. When I gather the clouds over the earth and the bow appears in the clouds, I will recall the Covenant between myself and you and every living creature of every kind. And so the waters shall never again become a flood to destroy all things of flesh".

### RESPONSORIAL

*Have mercy on us, Lord, for we have sinned.*

### SECOND READING

First letter of S Peter 3:18-22

Christ himself, innocent though he was, died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life, and, in the spirit, he went to preach to the spirits in prison.

Now it was long ago, when Noah was still building that ark which saved only a small group of eight people 'by water', and when God was still waiting patiently, that these spirits refused to believe.

That water is a type of the baptism which saves you now, and which is not the washing off of physical dirt but a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God's right hand, now that he has made the angels and Dominations and Powers his subjects.

### ACCLAMATION

Praise to you, O Christ, King of eternal glory.

### GOSPEL Mark 1,12-15

The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him.

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. "The time has come" he said "and the kingdom of God is close at hand. Repent, and believe the Good News."



## Lent at S. ALPHAGE

**From this Sunday, 21<sup>st</sup>  
February the 8am Mass  
will be celebrated in  
church.**

**Book your place with Lynn 07507 235 445.**

We shall restore the 11am service on Sunday 14<sup>th</sup> March if it seems to be safe for greater numbers.

The broadcast masses will continue - our thanks to David who records and edits them and to Dale who puts them on YouTube.

**Online Stations** of the Cross at Saint Augustine's, Fridays 12 noon (not 7pm) ([www.youtube.com/saintaugustinecolindale](http://www.youtube.com/saintaugustinecolindale))

And The Annunciation, 7pm: Fridays (<https://churchservices.tv/burntoak>)

Lead us, heavenly Father, lead us  
o'er the world's tempestuous sea;  
guard us, guide us, keep us, feed us,  
for we have no help but thee,  
yet possessing every blessing  
if our God our guide shall be.

Saviour, breathe forgiveness o'er us,  
all our weakness thou dost know;  
thou didst tread this earth before us,  
thou didst feel its keenest woe;  
lone and dreary, faint and weary  
through the desert thou didst go.

Spirit of our God descending,  
fill our hearts with heavenly joy,  
love with every passion blending,  
pleasure that can never cloy;  
thus provided, pardoned, guided  
nothing can our peace destroy.

### ANNIVERSARIES

21	Frederick William Neal, David Court
26	Charles Palmer, Gordon Vincent
27	William Samuel Williams
28	Joseph Jacob Elkington, priest

Soul of my Savior sanctify my breast,  
Body of Christ, be thou my saving guest,  
Blood of my Savior, bathe me in thy tide,  
wash me with waters gushing from thy side.

Strength and protection may thy passion be,  
O blessed Jesus, hear and answer me;  
deep in thy wounds, Lord, hide and shelter me,  
so shall I never, never part from thee.

Guard and defend me from the foe malign,  
in death's dread moments make me only thine;  
call me and bid me come to thee on high  
where I may praise thee with thy saints for ay.