

COLLECT

O God, the protector of all who trust in you,
without whom nothing is strong,
nothing is holy:
increase and multiply upon us your mercy;

that with you as our ruler and guide
we may so pass through things temporal
that we lose not our hold on things eternal;

grant this, heavenly Father,
for our Lord Jesus Christ's sake,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

FIRST READING **Zechariah** 9:9

The Lord says this:
Rejoice heart and soul, daughter of
Zion!

Shout with gladness, daughter of Jerusalem!
See now, your king comes to you;
he is victorious, he is triumphant,
humble and riding on a donkey,
on a colt, the foal of a donkey.

He will banish chariots from Ephraim
and horses from Jerusalem;
the bow of war will be banished.

He will proclaim peace for the nations.
His empire shall stretch from sea to sea,
from the River to the ends of the earth.

This is the word of the Lord.
Thanks be to God.

SECOND READING 8:9.11-13

A reading from the letter of S Paul to
the Romans

Your interests are not in the unspiritual,
but in the spiritual, since the Spirit of
God has made his home in you.

In fact, unless you possessed the Spirit of
Christ

you would not belong to him,
and if the Spirit of him who raised Jesus from
the dead is living in you,
then he who raised Jesus from the dead
will give life to your own mortal bodies
through his Spirit living in you.

So then, my brothers, there is no necessity for
us
to obey our unspiritual selves or to live
unspiritual lives.

If you do live in that way, you are doomed to
die;
but if by the Spirit you put an end to the
misdeeds of the body you will live.

GOSPEL

Matthew 8:9.11-13

Jesus exclaimed, 'I bless you, Father,
Lord of heaven and of earth,
for hiding these things from the
learned and the clever
and revealing them to mere children.

Yes, Father, for that is what it pleased
you to do.
Everything has been entrusted to me by
my Father;
and no one knows the Son except the
Father,
just as no one knows the Father except
the Son
and those to whom the Son chooses to
reveal him.

'Come to me, all you who labour and are
overburdened and I will give you rest.

Shoulder my yoke and learn from me,
for I am gentle and humble in heart, and
you will find rest for your souls.
Yes, my yoke is easy and my burden light.'

Life at St Alphage Burnt Oak www.stalphag.org



SUNDAY 5 JULY
2020

From today there is a mass in church at 8am each Sunday.

There is also a broadcast mass with
hymns on Sundays on **YouTube**.
Or on **whatsapp**
- details from Lynn 07507 235 445.

We have a gospel to proclaim
Good news for men in all the earth;
The gospel of a Saviour's name:
We sing His glory, tell His worth.

Tell of His birth at Bethlehem,
Not in a royal house or hall
But in a stable dark and dim:
The Word made flesh, a light for all.

Tell of His death at Calvary,
Hated by those He came to save;
In lonely suffering on the cross
For all He loved, His life He gave.

Tell of that glorious Easter morn:
Empty the tomb, for He was free.
He broke the power of death and hell
That we might share His victory.

Tell of His reign at God's right hand,
By all creation glorified;
He sends His Spirit on His Church
To live for Him, the Lamb who died.

Now we rejoice to name Him King:
Jesus is Lord of all the earth.
This gospel message we proclaim:
We sing His glory, tell His worth.

ANNIVERSARIES

5	Stanley Burling
7	Cornelius Curran, Rose Curran
9	Arthur Hubert Couratin <i>priest</i>
10	James Ward, Margaret Mary Chisholme
11	James Traviss, Frances Clay

